



ECHO

WHAT IS IT?

This test is useful for the assessment of cardiac anatomy and function. Additionally the flow of blood through the cardiac chambers and valves is assessed for velocity and volume. Patients please refrain from applying cream or powder to your upper body prior to the test.

STRESS ECHO TESTING

WHAT IS IT?

A stress echo is a test that takes a picture of the heart with the use of a probe placed outside your chest wall while your heart is resting and then again while it is working hard. To “stress” the heart, you will be asked to exercise using the bike or the treadmill. The pictures taken before and after your heart is “stressed” are displayed on the ultrasound machine monitor and are recorded on disk for review and comparison.

The stress echo is valuable in the assessment of function of heart muscle when the heart is working hard.